

National Family Caregiver Support Program
Current NFCSP Projects to Support Family Caregivers (2002)

Approximately \$6 million was awarded for 34 projects to develop innovative approaches to assist families and informal caregivers of older persons as well as grandparents and older relatives who are caregivers of children. These innovative grants are one component of the new National Family Caregiver Support Program established as part of the Older Americans Act.

Following is a list of grantees and their awards, listed alphabetically by state:

Pima Council On Aging, Tucson, AZ - will develop, test and implement a culturally proficient model of family caregiver support to meet the needs of Mexican-American caregivers and elders.

Pima Council on Aging
5055 East Broadway Blvd., Ste C104
Tucson, AZ 85711
Contact: Marian Lupu
520-790-7262

United Cerebral Palsy of Southern Arizona, Tucson, AZ - will increase services to grandparents and older caregivers who are raising children with mental retardation or developmental disabilities. The project will identify barriers to access and implement a voucher system to access services.

United Cerebral Palsy of Southern Arizona
3914 E. 29th St, Ste. 603
Tucson, AZ 85711
Contact: Dr. Ellie Ward
520-795-3108

Contra Costa County Aging and Adult Services Bureau, Martinez, CA - will provide assistance, support, educate and empower family caregivers of older persons who have been placed in or are transitioning back to the community after receiving care in skilled nursing facilities.

Contra Costa County
Employment and Human Services Dept.
2530 Arnold Drive, Ste 300.
Martinez, CA 94553
Contact: Linda Anderson
925-335-8713

Asian Community Center, Sacramento, CA - will sustain and support Asian American and Pacific Islanders family caregiver efforts through a community-based wellness, lifelong learning and information program.

Asian Community Center
7801 Rush River Dr
Sacramento, CA 95831
Contact: Dr. Donna Yee
916-393-9026

Family Caregiver Alliance, San Francisco, CA, - will examine the growth and enhance the development of caregiver programs nationwide. Through case studies of 10 states, the project will describe and analyze family support services and trends in caregiver support focusing on caregiver services under the NFCSP, Medicaid waivers, state general funds, and other funding streams.

National Center on Caregiving
Family Caregiver Alliance
690 Market St. Ste. 600
San Francisco, CA 94104
Contact: Lynn Friss Feinberg
415-434-3388, ext 324

American Society on Aging, San Francisco, CA - will collaborate with the American Nurses Association, the National Association of Social Workers, and the American Occupational Therapy Association to increase the skill and knowledge of their members who provide professional services to family caregivers and to link these groups with the aging network.

American Society on Aging
833 Market St., Ste. 511
San Francisco, CA 94103
Contact: Jim Emerman
415-974-9628

University of Denver, Institute of Gerontology, Denver, CO - will demonstrate an empowerment-oriented intervention that increases the value of older care-receivers in self-care, use of services and support networks, communications skills and other aspects of care-receiving that assists their caregivers and improves the quality of the overall care process.

University of Denver
Graduate School of Social Work
2199 S. University Blvd.
Denver, CO 80208
Contact: Enid Cox
303-871-4018

Generations United, Washington, D.C. - will establish the "National Center on Grandparents and Other Relatives Raising Children," which will develop and coordinate groups of experts who will provide technical assistance and training to the aging network. The Center will also publish and disseminate training materials and publications and track state laws and programs.

Generations United
122 C St. NW, Ste. 820
Washington, DC 20001
Contact: Donna Butts
202-638-1263

National Association of State Units on Aging, Washington, D.C. - will identify barriers, challenges, opportunities and recommend potential approaches to link caregivers with existing state home- and community-based services. The project will also convene a series of national teleconferences and develop a series of educational materials to assist states.

National Association of State Units on Aging
1201 M St., Ste. 350
Washington, DC 20005
Contact: Virginia Dize
202-898-2578

Alliance for Aging, Miami, FL - will demonstrate a 24-hour crisis respite and referral system for caregivers of elders and adults with disabilities. This will increase flexibility and convenience of current services; provide crisis respite for elder caregivers of children and adults with disabilities; recommend ways to reduce stress, and minimize or prevent future crisis events.

Alliance for Aging, Inc.
9500 S. Dadeland Blvd., Ste. 400
Miami, FL 33156
Contact: Michael Weston
305-670-6500

Hospice Institute of the Florida Suncoast, Largo, FL - will establish and evaluate a multifaceted national project on end-of-life issues providing hospice, palliative care professionals, and family caregivers with in-depth training on caregiver concerns.

Hospice Institute of the Florida Suncoast
300 East Bay Dr.
Largo, FL 33770
Contact: Kathleen Egan
727-586-4432, ext. 2771

Georgia Department of Human Resources, Division of Aging Services, Atlanta, GA - will increase service options available to caregivers by developing five self-directed voucher care projects in rural areas that can be duplicated in other states.

Georgia Department of Human Resources
Division of Aging Services
Two Peachtree St., NW, Ste. 36.385
Contact: Cliff Burt
404-657-5336

Georgia Southwestern State University, Americus, GA - the Rosalynn Carter Institute for Human Development will establish a statewide network of caregiving communities, and a caregiver capacity index that will allow communities to assess their caregiving strengths and needs, and then develop action plans for a coordinated response to improve services.

Georgia Southwestern State University
800 Wheatley St
Americus, GA 31709
Contact: Dr. Ronda Talley
229-928-1234

University of Hawaii Center on Aging, Honolulu, HI - will work with community partners to explore the impact of group-targeted messages and individually tailored support on end-of-life planning by multi-ethnic caregivers of elders receiving long-term care services.

University of Hawaii
Center on Aging, John A. Burns School of Medicine
1960 East-West Road, Biomed C-106
Honolulu, HI 96822
Contact: Kathryn Braun
808-956-5768 or 808-956-5001

The Healthcare Consortium of Illinois, Dolton, IL - will establish a caregivers assistance registry that will improve identification and support of caregivers and expand access to in-home respite services by enhancing coordination among service providers in four predominantly African-American communities on Chicago's south side.

Healthcare Consortium of Illinois
1350 E. Sibley Blvd.
Dolton, IL 60419
Contact: Salem Al Nurridin
708-841-9515

Mather LifeWays, Evanston, IL - will implement a regional family caregiver education project to deliver a cadre of experienced trainers who will work with a coalition of local aging service providers to improve caregiver outreach, service referrals and follow-up.

Mather LifeWays
1603 Orrington Ave., Ste. 1080
Evanston, IL 60201
Contact: Dan Kuhn
847-492-6813

Illinois Department on Aging, Springfield, IL - will provide supportive services to frail older caregivers, who are the parent, legal guardian or family member caring for an adult child with developmental disabilities. The project will work to maximize independence, through using a holistic family approach and through the use of joint waivers and shared resources with the potential of cost cutting.

Illinois Department on Aging
421 East Capitol Ave., Ste. 100
Springfield, IL 62701
Contact: Jean Blaser
217-785-3393

Easter Seals, Chicago, IL - will produce a transportation-solutions package that the aging network can use to address caregivers concerns about transporting relatives with behavioral problems; use of assistive technology; best practices of volunteer supported transportation; use of escorts; and the Americans With Disabilities Act.

Easter Seals
230 W. Monroe St., Ste. 1800
Chicago, IL 60606
Contact: Jed Johnson
1-800-221-6827

Ten County Aging Board, Inc. Arkansas City, KS - will support a statewide caregiver marketing and media campaign to increase public awareness of caregiving, provide caregiving tips, and inform people of available resources.

Circle of Caregiving
6511 Jacqueline
Wichita, KS 67206
Contact: Stacey Boothe
316-681-2144

Commonwealth of Massachusetts, Boston, MA - will develop regional training centers for caregivers of deaf older adults. The project will consist of a multi-curriculum caregiver training program and a respite care center for the deaf.

Commonwealth of Massachusetts

Elder Affairs

One Ashburton Pl.

Boston, MA 02108

Contact: Eliza Lake

617-222-7481

The Arc of the United States, Silver Spring, MD – will provide training and technical assistance to enhance the capacity of the aging network and disability provider organizations to plan, coordinate and provide supportive services to older caregivers of children and adults with intellectual and developmental disabilities.

The Arc of the United States

1010 Wayne Ave., Ste. 650

Silver Spring, MD 20910

Contact: Dr. Sharon Davis

301-565-5478

Eastern Area Agency On Aging, Bangor, ME- will demonstrate that primary health care is an effective and efficient point of caregiver intervention in a rural setting because caregivers will more likely use information, support and training when a need is validated by a trusted healthcare provider and assistance is personally tailored to their needs.

Eastern Area Agency on Aging

420 Essex St.

Bangor, ME 04401

Contact: Roberta Downey

207-941-2865

The Center for Social Gerontology, Inc., Ann Arbor, MI - will use mediation to help resolve problems and disputes that occur when families face the physical, emotional and financial demands of providing long-term care to an older family member.

The Center for Social Gerontology, Inc.

2307 Shelby Ave.

Ann Arbor, MI 48103

Contact: Penelope Hommel

734-665-1126

Normandale Ministry for Healing and Wholeness, Edina, MN - will develop model volunteer care teams who will provide training, respite and resource counseling and tools to help caregivers arrange for other community services as needed.

Normandale Ministry for Healing and Wholeness

6100 Normandale Rd.

Edina, MN 55436

Contact: Jean Sigford

952-929-1697

St. Andrew's Resources For Seniors, St. Louis, MO - will develop cost-effective eldercare management services that allows employed caregivers to provide quality care and continue working. The program will establish a business advisory council and a pilot project to evaluate alternative eldercare approaches and provide assessments and services to caregivers.

St. Andrew's Resources For Seniors
6633 Delmar Blvd.
St. Louis, MO 63130
Contact: Ann Bannes
314-802-2192

New Jersey Department of Health and Senior Services, Division of Senior Affairs, Trenton, NJ - will expand the *NJ EASE (Easy Access Single Entry)* system for senior services by adding a caregiver service component, including development of caregiver assessment and care planning tools; staff caregiver training curriculum; policies, critical pathways and service protocols to guide consumer decision making and worker actions; and a caregiver resource website.

New Jersey Department of Health and Senior Services
Division of Senior Affairs
P.O. Box 807
Trenton, NJ 08625
Contact: Barbara Fuller
609-943-3463

Senior Service Centers of the Albany Area, Inc., Albany, NY - will assess the effectiveness of telephone support groups for caregivers of frail elders. This multi-component group program includes emotion-focused and problem-focused coping strategies and support.

Senior Service Centers of the Albany Area, Inc.
25 Delaware Ave.
Albany, NY 12210
Contact: Ann DiSarro
518-465-3322

Catholic Charities of the Diocese of Rochester, NY - will collaborate with 15 national and local organizations to create an integrated care management approach to support relative caregivers of grandchildren.

Catholic Charities of the Diocese of Rochester
25 Franklin St.
Rochester, NY 14604
Contact: Irene Coveny
716-262-7053

Ohio Department of Aging, Columbus, OH - will design and test an outcome-based system for enhancing the quality of caregiver support services. Recommendations of caregivers, older adults, the aging network and service providers will be used to develop a guide to improve the quality of caregiver support services delivered through the aging network.

Ohio Department of Aging
50 W. Broad St., 9th Floor
Columbus, OH 43215
Contact: Richard LeBlanc
614-644-7967

Mid-County Senior Services, Newtown Square, PA - will evaluate the addition of caregiver care management to its adult day services, and evaluate outcomes that reflect positive and negative aspects of caregiving including caregiving strain, self-efficacy, perceived rewards of caregiving, depression, health, and the length of stay of the care receiver.

Mid-County Senior Services, Inc.
22 Media Line Rd.
Newtown Square, PA 19073
Contact: Karen Reeve
610-353-6642

Philadelphia Corporation For Aging, Philadelphia, PA - will develop a model health care and training intervention that targets African American daughters who serve as caregivers. The intervention will focus on identifying the health related issues and caregiver challenges specific to the target population. Anticipated outcomes include improved quality of life, health status, and caregiving skills. A clinical pathway protocol will be developed to assist other organizations in replicating the intervention for African American or other minority family caregivers.

Philadelphia Corporation For Aging
642 N. Broad St.
Philadelphia, PA 19130
Contact: Joan Klein
215-765-9000

Pennsylvania Department of Aging, Harrisburg, PA - will implement a support system for older caregivers of adult children with mental retardation or developmental disabilities. The program will be individually tailored and will reimburse consumers for expenditures related to caregiving and given resources for all caregiving needs.

Pennsylvania Department of Aging
555 Walnut St., 5th Floor
Harrisburg, PA 17101
Contact: Joan Dougherty
717-783-6207

Pennsylvania State University, Gerontology Center, University Park, PA - will provide a structured, time-limited program of counseling to family caregivers and patients in the early stages of dementia. Through positive communications and active participation in their care, care recipients and their family caregivers will have a better understanding and knowledge about available services and preferences for care.

Pennsylvania State University
Gerontology Center
110 Technology Center Bldg.
University Park, PA 16802
Contact: Steven Zarit
814-863-9980

Virginia Department for the Aging, Richmond, VA - will provide specialized services for male caregivers, particularly retired military personnel and men who live in rural and farming communities, who are less likely to share their concerns and challenges as a care provider, or to seek services that can provide them with respite.

Virginia Department for the Aging
1600 Forest Ave., Ste. 102
Richmond, VA 23229
Contact: Bill Peterson
804-662-9325